

## REGISTRATION

**Carolinas HealthCare System  
Employees Register Online:**  
<http://www.cvent.com/d/dvqxzd>

Or Scan the QR Code below



**Registration for Physicians Seeking  
CME Credit: \$100**  
Contact Cathy J. Long  
[cjlong@carolinashealthcare.org](mailto:cjlong@carolinashealthcare.org)

**Registration for Non-Carolinas  
HealthCare System Employees:**  
\$40 non-refundable fee due before  
January 12, 2017  
To pre-register, return the attached  
card by January 12th or call Sharon  
Aldrich at 704-403-7910 for credit  
cards.

**AHA Basic Life Support:**  
\$30 additional charge for healthcare  
provider recertification  
Payable onsite (limited space  
available). Contact Melissa Sparks at  
704-796-5046.

**EBP Courses will have limited seating  
to the first 75 registrants in each  
course. Registration will be required  
for each EBP course.**

**Please advise if you have any special  
needs, including meals, etc.**



Carolinas HealthCare System

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Carolinas HealthCare System NorthEast  
920 Church Street North  
Concord, NC 28025

# 28<sup>TH</sup> ANNUAL CABARRUS COUNTY SPORTS MEDICINE SYMPOSIUM

Saturday, Jan. 21, 2017

Carolinas HealthCare System NorthEast  
Cabarrus Family Medicine Residency Program  
Cabarrus County Schools



Carolinas HealthCare System

**28<sup>TH</sup> ANNUAL CABARRUS COUNTY SPORTS MEDICINE SYMPOSIUM**

Providing coaches, athletic trainers, physical therapists, physicians and other healthcare professionals with current information on prevention, assessment and management of selected topics/ injuries in the field of sports medicine.

Participate in lectures, hands-on workshops, and learn to identify, evaluate and manage critical issues relating to:

- Pediatric Conditions in Athletics
- Neuro-Optometric Issues in Athletics
- Dermatological Issues in Athletics
- Cardiac Screenings in Athletes
- Regenerative Medicine
- Sports Psychology of Injuries
- Concussion Testing
- Evaluation of Upper Extremity
- Hip & Labral Issues in Athletes
- Evaluation & Treatment of Upper Cervical Spine
- Assessment & Manual Therapy of Scapular Dysfunction
- Sports Nutrition
- Vestibular Ocular Motor Screenings
- Mental Health Education in Athletics
- Specialty Taping Techniques of Athletic Injuries



Carolinus HealthCare System Department of Sports Medicine/Special Events BOC AP #: P3573 is approved by the Board of Certification, Inc. to provide continuing education for certified athletic trainers. This program is eligible for a maximum of 6 Category A hour/ CEUs. ATs should claim only those hours actually spent in the educational program.

**Symposium Schedule Saturday, Jan. 21, 2017**

**Carolinus HealthCare System NorthEast Medical Arts Building**

**7-7:45 a.m.**  
**Registration/Continental Breakfast**

**7:45-8 a.m.**  
**Opening Remarks**  
Phyllis Wingate, President  
Carolinus HealthCare System NorthEast;  
Lynn Rhymer, Assistant Superintendent  
Cabarrus County Schools;  
Kevin E. Burroughs, MD, CAQSM, Director of Sports Medicine  
Cabarrus Family Medicine Residency/  
Fellowship Program

**8-8:55 a.m.**  
**"We're Not Kidding"**  
*Pediatric Conditions in Athletes*  
Kevin Burroughs, MD, CAQSM  
Sports Medicine & Injury Care, Concord, NC

**8:55-9:50 a.m.**  
**"The Eyes Have It"**  
*The Neuro Optometric Issues in Athletes*  
Amanda Barker-Assell, OD

**9:50-10:10am**  
**Break / Visit Exhibitors**

**10:10-11:05 a.m.**  
**"What's That?"**  
*Dermatologic Issues in Athletes*  
Katherine Foster, MD, CAQSM  
Sports Medicine & Injury Care, Concord, NC

**11:05 a.m.-12:00 p.m.**  
**"Needle in a Haystack"**  
*Cardiac Screenings in Athletics*  
K. Bert Fields, MD, CAQSM  
Cone Health Sports Medicine, Greensboro, NC

**12-12:30 p.m.**  
**Lunch**

	TIME	HAMRICK THEATER	MEDICAL ARTS ROOMS 1,2 & 3	BETTY STEELE CONFERENCE ROOM	RADIOLOGY CONFERENCE ROOM
<b>CONCURRENT SESSIONS</b>	12:30-1:25 p.m.	<b>"Sports Psychology of Injuries"</b> Brian Monteleone, PhD	<b>"Evaluation and Treatment of Upper Cervical Spine"</b> (EBP TOPIC) Maximum 75 2.0 ceu's Jay Scifers, DScPT, ATC	<b>"Upper Extremity Evaluation" Workshop</b> Kevin Burroughs, MD, CAQSM Sports Medicine and Injury Care - Poplar Tent	<b>CPR Recertification for Healthcare Providers</b>
	1:25-2:25 p.m.	<b>"Regenerative Medicine"</b> Marc Ward, MD Piedmont Orthopedic Specialists	[CONTINUED] <b>"Evaluation and Treatment of Upper Cervical Spine"</b> (EBP TOPIC) Jay Scifers, DScPT, ATC	<b>"VOMS Screening Lab"</b> Kristen Phillips Ramsey, MEd, LAT, ATC	[CONTINUED] <b>CPR Recertification for Healthcare Providers</b>
	<b>2:25-2:50 p.m. BREAK</b>				
	2:50-3:45 p.m.	<b>"Concussion Evaluation"</b> Brent Messick, MD, CAQSM Sports Medicine and Injury Care - Poplar Tent	<b>"Assessment and Manual Therapy Approach to Scapular Dysfunction"</b> Joan Miller, PT	<b>"Dislocations/Reductions of Athletic Injuries"</b> Patrick Williams, MD Cabarrus Family Medicine	<b>"Sports Nutrition or Lack of in Athletics"</b> Alicia Fogarty, MS, RD, CSSD, LDN Carolinus HealthCare System
	3:45-4:40 p.m.	<b>"Hip &amp; Labral Issues in Athletes"</b> Durham Weeks, MD	<b>"Assessment and Manual Therapy Approach to Scapular Dysfunction"</b> Joan Miller, PT	<b>"The Need for Mental Health Education in the Athletic Training Profession"</b> (EBP TOPIC) Maximum 75 1.0 ceu's Grady Hardeman, LAT, ATC Carolinus HealthCare System	<b>"Specialty Taping"</b> <i>Kinesiotaping</i> Steve Ashby, LAT, ATC Brittany Ward, LAT, ATC Carolinus HealthCare System
	<b>4:40 p.m. WRAP UP / DOOR PRIZES</b>				

**KEYNOTE SPEAKERS**

Kevin Burroughs, MD, CAQSM  
Sports Medicine & Injury Care

Amanda Barker-Assell, OD  
Denver, NC

Katherine Foster, MD, CAQSM  
Sports Medicine & Injury Care

K. Bert Fields, MD, CAQSM  
Cone Health Sports Medicine

**SYMPOSIUM COORDINATORS**

Scott Barringer, M.Ed., LAT, ATC, CAA  
Office: 704-403-1205 | Cell: 704-619-1206  
Leonard.Barringer@carolinushealthcare.org

Kevin Burroughs, MD, CAQSM

Katherine Foster, MD, CAQSM

Brent Messick, MD, CAQSM

**SYMPOSIUM LOCATION**

**Carolinus HealthCare System NorthEast Medical Arts Building**  
**920 Church St. N, Concord, NC.**

For hotel listings, please visit:  
<http://www.visitcabarrus.com/cabarrus-county-hotels-and-motels/>



**28<sup>th</sup> Annual Cabarrus County Sports Medicine Symposium REGISTRATION FORM**

Name \_\_\_\_\_ City \_\_\_\_\_

Affiliation \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Medical Specialty \_\_\_\_\_

Office Name & Address \_\_\_\_\_

Check Appropriate Fee(s):  
 \$40 (non-refundable fee due by January 12, 2017) \_\_\_\_\_  
 \$100 for physicians seeking CME credit \_\_\_\_\_  
 \$30 additional charge for BLS for Healthcare Provider recertification, payable onsite (limited space available) \_\_\_\_\_

Total \$ \_\_\_\_\_

**Please make all checks payable to:**  
**Carolinus HealthCare System NorthEast**  
**Physician Education Office**  
**920 Church Street North,**  
**Concord, NC 28025**  
**Attn: Cathy-Jo Long**